

SIX STEPS TO GET STARTED

- 1 Be available.**

Stop whatever you're doing when your children begin asking questions. This is a big moment.
- 2 Support free thinking.**

Resist the urge to just give them the answer to their questions. Help them self-discover the answers by responding to their questions with more questions.
- 3 Provide resources.**

Without forcing them to utilize any of it, provide for them a broad range of tools and supplies that will help give birth to more learning, such as books, board games, creative supplies, etc.
- 4 Create the atmosphere.**

Resist the temptation to interfere and micromanage. Let it be. If you see learning happening, don't try to control it or correct it, you might kill the moment.
- 5 Empower them.**

A great way to help create a healthy atmosphere for learning is by lovingly supporting them, encouraging them, and valuing their interests.
- 6 Observe and journal.**

Take a step back, soak it in, and watch what happens! Journaling will allow you to evaluate growth. Their learning will be demonstrated as they use new skills and talk knowledgeably about a topic.